

JUNE 29th, 30th & July 1st



Winter Aerial Escape

'24



Nic & Ains



Shirley



Rony

Hannah

Lyra, Silks, Rope, Hammock, Straps and more!

Incredible Workshop Lineup:

International & Interstate Guest Instructors!

JUNE 29th, 30th & July 1st



Winter Aerial Escape '24

Ultimate Escape: \$395

- 6 x 90 min workshops
- Free WAE t-shirt
- Healthy snacks provided daily
- Studio access before & after class
- Guided roll & release Mon. 11am
- Rego opens March 11th!

Frequent Flyer: \$265

- 4x 90 min workshops
- Free WAE t-shirt
- Guided roll & release Mon. 11am
- Studio access before and after booked workshops
- Rego opens March 18th!

Payment Plans available:

\$100 deposit required upon registration.

Register Now!



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Program Schedule:

Sat 11:30-1pm	Sat 1:30-3:00pm
<i>Silks Dynamics & Drops</i>	<i>Hammock Flow & Spins</i>
<i>Lyra Spin Flow</i>	<i>Straps Spins & Skills</i>

Additional workshops may be added, pending bookings, demand and instructor availability!

*Lunch Break
1pm-1:30pm
BYO lunch, snacks
provided*

Sun 11:30-1pm	Sun 1:30pm-3pm
<i>Hammock Dynamics & Drops</i>	<i>Rope Drops & Rolls</i>
<i>Silks InTRICKates</i>	<i>Lyra Adv Sequences</i>

*Sunday Social:
5:30pm @ YOT Club
Main Beach!*

*Studio opens 11am to warm up, stretch, roll, drink coffee!
Closes 3:30pm daily (pending private lesson/additional workshop bookings)*

Monday 11:30-1pm	Monday 1:30-3pm
<i>Rope Dynamic Sequencing</i>	<i>Silks Flow & Spins</i>
<i>Double Lyra</i>	<i>Swinging Lyra</i>

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Workshop Descriptions & Prerequisites

Silks Dynamics & Drops: Enhance your silks game with Shirley's dynamic pathways, tricks and signature drops while you expand your skills in dynamic momentum work!

Prerequisites: Aerial invert, comfortable working at full height and staying in the air for long durations, experience and control with intermediate drops (eg double/triple star).

Lyra Spin Flow: Learn to move around the lyra with fluidity, passing through poses and focusing on movement quality and flow with Hannah!

Prerequisites: Intermediate and above. Ability to enter the lyra via a knee hook or full invert from a slow spin. Awareness and strength to move around the lyra safely.

Hammock Flow & Spins: Learn to move through beautiful chorey and elegant flows with Shirley. And dive into the nuances of executing spins and flares with grace and precision on the hammock!

Prerequisites: Invert from standing (in hammock or floor) - intermediate level and above.

Straps Spins & Skills: Unlock impressive straps skills with Rony! Designed to make the art of straps accessible, focusing on developing your spin technique and introducing you to level appropriate, achievable skills. No prior straps experience required!

Prerequisites: Inter + aerialists. Shoulder injury free, able to aerial invert repeatedly.

Hammock Dynamics & Drops: Up-skill your hammock work with the art of momentum & dynamics, and master some spectacular drops along the way with Shirley!

Prerequisites: Intermediate and above aerial experience, hammock specific experience not required.

Silks InTRICKates: Master long, intricate sequences and harness the full potential of the silks with Rony. Explore beyond the allure of big tricks, focusing on the small details that make each movement captivating.

Prerequisites: Experienced silks students intermediate and above. Must be competent with all silks fundamentals (climbing, inverting, basic drops etc) and staying in the air for long sequences

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Workshop Descriptions & Prerequisites

Rope Drops & Rolls: Elevate your aerial work and learn the thrilling art of dynamic drops and rolls on rope, with Shirley! Designed to infuse your current practice with exhilarating new pathways and skills!
Prerequisites: Strong vertical apparatus experience, comfortable working at full height and staying in the air for long durations, experience and control with intermediate drops (eg double/triple star)

Lyra Advanced Sequences: In this workshop with Hannah, we'll weave together exhilarating skills and graceful transitions, culminating in advanced-level lyra sequences that both challenge and inspire you!
Prerequisites: Advanced experience. Ability to aerial invert repeatedly. Advanced awareness and strength to move around the lyra safely.

Rope Dynamic Sequencing: This essential workshop with Shirley is designed to enhance your dynamic and momentum skills on rope, paving the way for advanced sequencing, including powerful moves and half-releases.
Prerequisites: vertical apparatus intermediate and above level, experience with basic fundamental beats: bell, turn pike, scissor beats

Double Lyra: Dive into new tricks, pathways, and variations in double lyra with Nic & Ains! Tailored to match your prior experience, this workshop offers the chance to lay the groundwork for fresh new skills or expand your current doubles repertoire. "Join us for the tricks; linger for the laughter."
Prerequisites: Inverts and knee hangs - no lyra/doubles experience required!

Silks Flow & Spins: Explore the elegance of silks with Shirley and create seamless, stunning choreography. This workshop will unveil tips and tricks for achieving quicker spins and seamlessly integrating new, exciting spins into your sequences.

Swinging Lyra: An exhilarating experience with Rony, combining the grace of lyra with the thrill of swinging through the air! Learn to harness the power of timing and weightlessness while you challenge your abilities and push your boundaries.
Prerequisites: Shoulder injury free and good shoulder stability. No lyra experience required

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Frequently Asked Questions:

- **Do I need experience on all apparatus?** No.
Aerial experience is required for ALL participants but not specific to particular apparatus. You are required to meet the basic prerequisites set out for each workshop you select and it is your responsibility to check this prior to registering for them. *WAE is NOT suitable for beginners*
- **Do I have to do two masterclasses per day?** Our "Ultimate Escape" rego includes 2 classes per day over the three days. Our "Frequent Flyer" rego includes 4 classes in total over the 3 days – the choice is yours!
- **When are the workshops?** June 29, June 30, July 1st: 11:30am-1pm & 1:30pm-3pm
- **How do I sign up?** Registration for our Ultimate Escape packs open March 11th! Early Bird special applies for the first 7 days, unless sold out earlier! Frequent Flyer rego opens March 18th.
- **Can we just pay for individual classes?** This option is opened up two weeks after the initial program registration period, if we don't book out (we normally book out!).
- **I'm travelling from interstate, where should I stay?!** Our wonderful studio is located in Helensvale on the Northern Gold Coast. We recommend you choose accomodation nearby to avoid potential holiday traffic! Coastal suburbs nearby: Runaway Bay, Labrador, Southport, Main Beach, Surfers Paradise

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Payment Plan and Enrollment info + t's & c's

Aerial Artistry® GC general enrollment T's & C's apply to all bookings: [View T's & C's](#)

Following registration you will receive a confirmation email with a link to select your desired classes. We recommend you select your classes asap to ensure you get your first choices!

Payment Plans: \$100 deposit required upon registration (non refundable or transferable). When signing up via Early Bird offer, discount will be applied to deposit payment for payment plans.

Balance paid over 5x weekly payments, commencing 7 days after deposit is received.

To set up your payment plan following registration:

bit.ly.AAGCportal > Enrol in auto pay > Add Credit or Debit Card details >

Click Add Payment Method to confirm!

Online processing fees: Credit Card = 1.75% + .30c | Debit Card = 1.00% per transaction



Download the app to create an account, update/view your bookings seamlessly!

