

JANUARY 2022

SEE INTERACTIVE TIMETABLE FOR DETAILS & BOOKINGS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SATURDAY

3rd

4th

5th AY Lengthen &
Strengthen
6:00pm

6th

8th

Lyra/Hammock
Intro (L2-5) 6:00pm

AY Dance Flow
7:00pm

Dance Trap Chorey
(Intermediate)
7:00pm

5-8 yrs CE Intro 4pm
9-17 Lyra Intro 5pm
Adult Lyra Intro 6pm

Intro to Dance Trap
7:00pm

AY
Fundamentals
6:00am

AY Tricks Flow
7:00am

10th

9-17 yrs DAY CAMP
9am-3pm

AY Dance Flow
6:00pm

Intro to Rope
7:00pm

11th

AY
Fundamentals
6:30am

5-8 yrs
HALF DAY CAMP
9am-12:30pm

5-8 yrs CE Intro 4pm
9-17 Silks Intro 5pm
Adult Silks Intro 6pm

12th

5-8 yrs CE Intro 4pm
9-17 Lyra Intro 5pm
Adult Lyra Intro 6pm

Intro to Dynamic Rope
(Inter-Adv) 7:00pm

13th

Adults Aerial
Playground
6pm-8:30pm

15th

AY
Fundamentals
6:00am

AY Lengthen &
Strengthen
7:00am

17th

5-8 yrs CE Intro 4pm
9-17 Silks Intro 5pm
Adult Silks Intro 6pm

18th

AY
Fundamentals
6:30am

AY Tricks Flow
6:00pm

19th

9-17 yrs DAY CAMP
Chorey focus

20th

22nd