

ELEVATE

ELEMENTAL WELLNESS MORNING



We invite you to experience a morning of learning and growth through a unique blend of aerials, breath work, stretching, cold water immersion and more!
Designed to align you with the essential energies of earth, fire, water, and air, our ELEVATE morning retreat offers an incredible opportunity for you to immerse yourself in an experience that rejuvenates and inspires you.
Hosted by Aerial Artistry director Rony & breath work specialist Paula, places are limited, we hope you can join us!
[No aerial experience required.]

Take a morning for yourself and hit the reset button on your health and wellness.

DATE

05/05/2024

**TICKETS: \$100
2ND TICKET: \$70!
COME WITH A FRIEND!**

[BOOK NOW!](#)

**May 5th @ 8:30am
Approx 3 hour duration
A transformative morning of movement, breath work, stretching, and immersing your body as you learn and grow with us.**

AERIALARTISTRY.COM.AU > EVENTS

